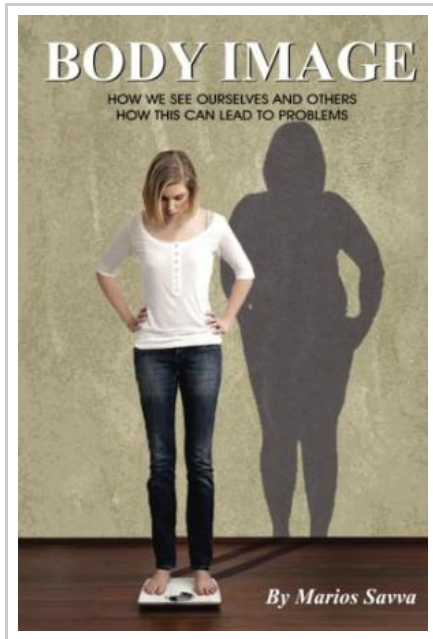




Body Image: How We See Ourselves and Others; How This Can Lead to Problems (Paperback)

By MR Marios Savva

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.As a psychologist, and after years of study, I wanted to create books from the material I have gathered over the years to make available to the public. My books, beginning with my first book - STRESS, We Can Master It- are laid out in a way that everyone can understand. Psychological theories, definitions, analysis can be rather daunting for those who are not involved in this particular field. Knowing this, I tried to simplify, to a point, as best I could this material to make it readable and comprehensible to the everyday person. I am sure whoever would read this book will gain a little something that can help them in some way. You will read in this fourth book in my series: Introduction The Psychological Concept of Beauty Media and Beauty Body Dissatisfaction and Eating Disorders Socio-Cultural Issues Historical and Cultural Differences Concerning Eating Disorders Anorexia Nervosa Bulimia Nervosa The Effects of Media Exposure and the Appearance Schema on Women s Self-Esteem New Findings What we Can Conclude Reading the book you will likely obtain a...



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