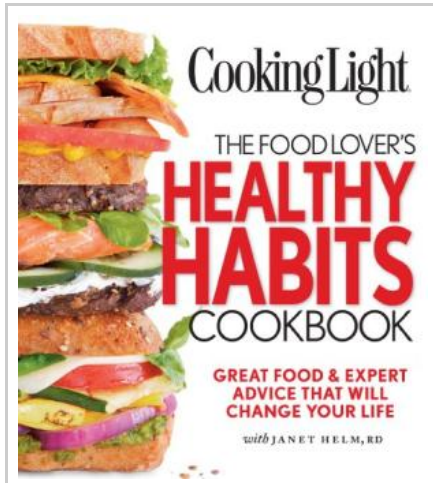




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By Helm, Janet; Editors of Cooking Light

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