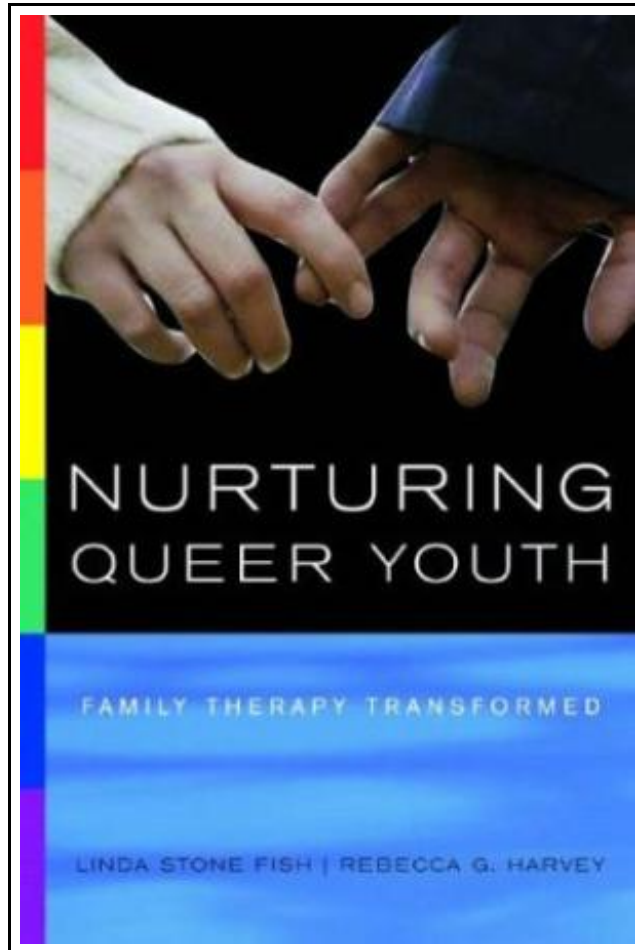


Nurturing Queer Youth: Family Therapy Transformed



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NURTURING QUEER YOUTH: FAMILY THERAPY TRANSFORMED



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WW Norton & Co. Hardback. Book Condition: new. BRAND NEW, Nurturing Queer Youth: Family Therapy Transformed, Linda Stone Fish, Rebecca G. Harvey, This burgeoning population of sexual minority youth, along with their families, is looking for help from therapists in order to manage the stresses of late childhood and adolescence. Nurturing Queer Youth provides therapists and other mental health professionals with the insight and guidance to assist these families. By integrating complex ideas about sex, gender, and identity, Stone Fish and Harvey go beyond accepting queer youth, to appreciating the gift that queer youth have to offer, not despite their identity, but because of it. As youth come out at younger ages, the process of identity development is necessarily a family process and therapeutic work undertaken to address sexual identity must involve the family. Despite this fact, as well as decades of research indicating that sexual minority status is a normal variation on a continuum of sexual identities, the field of family therapy has not contributed a family model that nurtures queerness. Stone Fish and Harvey recognize this disjunction between available therapeutic models and the actual needs of clients. Drawing on data from developmental research, the concepts of queer theory, as well as their own extensive clinical experience as family therapists, the authors develop an effective model of family therapy that nurtures queer youth and their families. The key processes of the model are creating refuge, fostering difficult dialogues, nurturing queerness, and encouraging transformation. Each therapeutic process is addressed in a single chapter which articulates the basic concept of the process, presents the research supporting the importance of the process, and then shows how to put the process into action in the therapeutic context. In the course of developing and illustrating these four key processes for helping queer youth and...



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